

# BUILD YOUR OWN

## SUBS

BUILD YOUR OWN .....11.59

### CHOICE OF BREAD

- VG LOCAL SUB ROLL | 240 CAL
- VG WHOLE WHEAT WRAP | 290 CAL

### CHOICE OF PROTEIN

- AG SMOKED HAM | 35 CAL
- AG TURKEY BREAST | 25 CAL
- AG CHICKEN BREAST | 170 CAL
- AG SALAMI | 100 CAL
- CAPICOLA | 35 CAL
- ROAST BEEF | 25 CAL
- TUNA SALAD | 240 CAL
- V EGG TOFU SALAD | 150 CAL
- VG HUMMUS | 25 CAL
- CHIPOTLE CHICKEN | 180 CAL

### CHOICE OF CHEESE

- AG V CHEDDAR | 110 CAL
- AG V SWISS | 110 CAL
- AG V MOZZARELLA | 85 CAL
- AG V PEPPERJACK | 110 CAL
- AG V PROVOLONE | 100 CAL
- AG V AMERICAN | 100 CAL

### CHOICE OF TOPPINGS

- VG AG TOMATO | 0 CAL
- VG AG LETTUCE | 0 CAL
- VG AG SPINACH | 5 CAL
- VG AG ONION | 10 CAL
- VG AG JALAPENO | 0 CAL
- VG AG BANANA PEPPER | 0 CAL

### CHOICE OF SPREADS

- V RANCH | 110 CAL
- VG AG MUSTARD | 10 CAL
- V CHIPOTLE MAYO | 60 CAL
- VG BALSAMIC VINAIGRETTE | 60 CAL
- V MAYO | 90 CAL
- V PESTO | 90 CAL
- V HONEY MUSTARD | 130 CAL

### EXTRAS

- EXTRA PROTEIN (+4)
- VG AG AVOCADO (+3) | 60 CAL
- AG BACON (2 strips, +2) | 40 CAL

# SIGNATURES

## & SIDES

**HOT SUBS .....12.49**

**MEATBALL BOMBER | 447 CAL**

ITALIAN MEATBALLS, MARINARA, AND  
MOZZARELLA CHEESE

### SIDES

**COLD SALADS**

LOCATED IN THE OPEN-AIR COOLER

**V RANCH-DUSTED CHIPS**

**COMBO SPECIAL.....12.49**

Any signature sandwich, side of chips, plus  
fountain drink or 16.9 oz bottled water



**Meal Block Options**

Any build-your-own- sandwich with a side salad or housemade chips.

All Meal Blocks come with a 16.9 oz bottled water or fountain drink

| Vegetarian **VG** | Vegan **AG** | Avoiding Gluten

\*Avoiding Gluten bun available upon request